## **a.C.C.e.s.s.** Model Statewide Conference

Saturday, March 4, 2023 • 8 a.m. – 3:30 p.m. The Hyatt Regency New Brunswick 2 Albany Street, New Brunswick, NJ 08901

Join us for a day of Hope and Healing sponsored by the NJEA ACCESS Model in partnership with the facilitators of the NJEA Conference for Hope and Healing.



Mychal G. Mills

**Bio:** Mychal Mills co-founded of Konscious Youth Development & Service (KYDS), which transforms youth, schools and communities through holistic practices facilitating mindfulness, social-emotional learning and restorative justice. Mills is a lead facilitator for TEL (Transformative Educational Leadership), supporting educational leaders' advancement. Skilled in community collaboration that aligns higher purpose within the heart to create ripples of change in the world, Mills expands mindfulness, heartfulness, public speaking, mentorship, fierce compassion, critical and creative thinking, and purpose-driven dialogue.



## Alisha De Lorenzo

**Bio:** Alisha De Lorenzo MS, LPC, SAC helps educators, school leaders, parents, community members and organizations cultivate cultures of connection, belonging and well-being, so that people feel seen, heard, valued and live into their full potential. Rooted in the education, wellness, mental health and social justice, De Lorenzo serves individuals and groups to access innate wisdom and community capacity through love, connection, belonging and healing to cultivate more inclusive places to live, work and grow.



## **Rodney Salomon**

**Bio:** Rodney Salomon is a certified yoga instructor and mindfulness and breath coach who has extensive experience in youth development, mindfulness, meditation and yoga. Formerly a youth development specialist at Asbury Park High School through the Visiting Nurse Association, Salomon co-founded Konscious Youth Development & Service or "KYDS," in 2014. Through KYDS, Salomon creates and facilitates innovative youth programming and manages and facilitates school-based wellness programs for students, staff, and administrators in over 100 schools.

KYDS Co-Founders, Rodney Salomon and Mychal Mills will unite an embodied experience of movement, mindfulness, breathwork, sound healing and transformational self-inquiry with an understanding of the inner work required to create healing-centered and just educational communities.

Alisha De Lorenzo will lead us through breakout sessions on Positive Deviance. Positive Deviance is a proven framework for addressing and reversing seemingly intractable problems with a strengths-based and hope-filled approach that draws on the wisdom of the community members for the solutions to their community's challenges. Through deep connection with self and others, these powerful self-care practices will awaken the healing within each of us that positions educators as the healers of our systems, schools and communities. Working at the intersection of healing, trauma and (social justice/anti-oppression), we will answer the call to cultivate cultures of wellness. Come as you are, leave with a renewed commitment to the possibilities of Hope and Healing in education.

There is no cost to attend this event. Buffet breakfast and lunch will be served courtesy of NJEA.



